**FOR THE POLISH CHAMPION TITLE**

**WOMEN'S HAIRDRESSING – JUNIOR, SENIOR CASUAL HAIRSTYLE TO BE COMBED [§ 2. sec. 1.1. and 2.1.]**

**Junior – a task to be performed on a mannequin head**

**Senior – a task to be performed on a model or on a mannequin head**

**Wet hair** – hair must be wet and combed back smoothly before starting the task.

**Haircutting** – prohibited

**Products** – all products are allowed

**Tools** – all styling tools are allowed

**Hair colour** – free selection of hair colour. Prohibited use of coloured sprays.

**Clothing** – make-up and clothing must be casual.

**Time:**

**Junior – 25 minutes Senior – 20 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note**:

Casual hairstyle (juniors and seniors) − on a mannequin head or model. The Compliance Committee shall mark the mannequins' heads,

models, to avoid any swapping. The mannequin or model must face the mirror during the assessment by the jury.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement. **Competitor disqualification**: changing the number of the mirror and mannequin, model.

**FOR THE POLISH CHAMPION TITLE**

**WOMEN'S HAIRDRESSING − JUNIOR, SENIOR**

**EVENING HAIRSTYLE BASED ON CASUAL HAIRSTYLE [§ 2. sec. 1.1. and 1.2.]**

**Junior – a task to be performed on a mannequin head**

**Senior – a task to be performed on a model or on a mannequin head**

Competitors create an elegant Evening Hairstyle.

Mannequins, models return to the stage with unchanged hairstyles from the competition

Casual Hairstyle

Competitors can wet, style and blow hair. Hairpieces must be harmoniously integrated into the hair. Full wigs are forbidden.

All decoration materials must lie separately on the tables. Hairpieces must have hooks specially prepared in advance, but they cannot be decorated.

The Compliance Committee shall check compliance with this requirement. At least one hairpiece must be used, but not more than three. Hairpieces shall not cover more than 40% of the head.

**Clothing** – evening make-up and clothing required.

**Hair colour** – free selection of hair colour. Prohibited use of coloured sprays.

**Hair colour** − free colour selection. Coloured sprays are prohibited.

**Time:**

**Junior – 40 minutes Senior – 35 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note**:

Evening hairstyle (juniors and seniors) − on a mannequin head or model. The Compliance Committee will label mannequin heads or models to avoid swapping. The mannequin or model must face the mirror

during the assessment by the jury.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement. **Competitor disqualification**: changing the number of the mirror and mannequin, model.

**INDIVIDUAL COMPETITION WOMEN'S HAIRDRESSING - JUNIOR**

**MERLIN MONROE STYLE WAVES AND WET RINGS HAIRSTYLE**

**A task to be performed on a mannequin head**

**Wet hair** – hair must be wet and combed back smoothly before the start of the competition.

**Hair length** − from 20 cm up to 30 cm − from roots to ends (entire head).

**Waves should be** with a parting or combed up, then waves should be combined with: 2 rows of flat rings from the top of the head in two directions, and 2 rows of spiral rings.

**Products** – all products are allowed The use of glitter and decorations is prohibited.

**Hair colour** – any colour

**Time for the task: 30 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum scores depending on number of competitors.

**Note**:

Competition on a mannequin head. During the assessment by the jury, the mannequin is posed facing the mirror.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.

**Competitor disqualification**: changing the number of the mirror and mannequin.

**INDIVIDUAL COMPETITION WOMEN'S HAIRDRESSING JUNIOR/SENIOR HAIRSTYLE: HOLLYWOOD WAVES**

**Junior-Senior**– **tasks to be performed on a mannequin head or on a model Dry hair**– hair must be dry before the start of the competition

and combed smoothly to the back of the head

**Hair length** - minimum shoulder length, and can be slightly tapered

**The waves should be** arranged in an impressive cascade. Waves should be delicate, seductive and very feminine yet subtle, combining elegance, classics and sensuality

**Products** – all products are allowed

**Hair colour** – any colour.

**Time:**

* **JUNIOR : 60 minutes**
* **SENIOR : 50 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

JUNIOR-SENIOR – Competition on a mannequin head or model. The mannequin or model must face the mirror

during the assessment by the jury.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.

**Competitor disqualification**: changing the number of the mirror, mannequin or mode.

**INDIVIDUAL COMPETITION WOMEN'S HAIRDRESSING – JUNIOR/SENIOR WEDDING HAIRSTYLE – LONG HAIR**

**Junior – tasks to be performed on a mannequin head**

**Senior – tasks to be performed on a model or on a mannequin head**

**Hair** − must be dry, loose and combed back smoothly.

Plaits and braids are allowed.

**Hairstyle** − is of an elegant and classic appearance.

**Hair colour** – any colour. The use of glitters and coloured sprays is prohibited

**Products** – all products are allowed

**Tools** – all styling tools are allowed

**Make-up and clothing** – wedding make-up and clothing required.

All decoration materials are allowed, but they must not cover more than 25% of the hairstyle. Hairpieces, wigs and extensions are prohibited.

**Time for the task**:

* **Junior - 30 minutes**
* **Senior - 25 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model or mannequin appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

The competition is performed depending on the category: on a mannequin head or a model. During the assessment by the jury, the mannequin - model is posed facing the mirror.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to

3 penalty points for each infringement.

**Competitor disqualification**: changing the number of the mirror and mannequin.

**INDIVIDUAL COMPETITION WOMEN'S HAIRDRESSING - SENIOR**

**SALON HAIRSTYLE − LONG LOOSE HAIR**

**The tasks are performed on a model or a mannequin head**

**Hair** − must be dry, straight, loose and combed back smoothly

**Hair colour** – any colour

**Products** – all products are allowed. The use of glitters

and coloured sprays is prohibited

**Tools** – all styling tools are allowed

**Make-up and clothing** – elegant make-up and clothing required.

Wigs, ornaments made of hair and hairpieces are forbidden. After finishing work, hair must be free from

any pins, hairpins, hair slides etc. Hair thickening and extensions are allowed, but it is necessary to report this to the compliance committee.

**Time for the task**: **25 minutes.**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model or mannequin appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note**:

Competition on a mannequin head or model.

During the assessment by the jury, the mannequin - model is posed facing the mirror.

In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right

to award up to

3 penalty points for each infringement.

**Disqualification of a competitor**: change of mirror and mannequin number,

**FOR THE POLISH CHAMPION TITLE MEN'S HAIRDRESSING – JUNIOR**

**CLASSIC HAIRSTYLING**

**Competition on a mannequin head.**

**Hair –** hair must be wet and combed back smoothly before the start of the competition. The Compliance Committee shall check compliance with this requirement. Otherwise, the hair shall be wetted by the Compliance Committee. A competitor creates classic hairstyling brushed up with no partition.

**Hair length –** at top of the head min. 7 cm, the area around the ears and the nape of the neck must be tapered classically. The haircut needs to be done before the start of the competition. Hair extensions and attachments are prohibited.

**Haircutting** – no hair cutting allowed on stage **Tools –** all styling tools are allowed **Hair colour** – uniform colour is required.

**Products** – all styling products are allowed

**Clothing and make-up** − in line with men's fashion, not exaggerated.

**Time for the task: 30 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the mannequin appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

Competition on a mannequin head.

**During the assessment by the jury, the mannequin shall be posed facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, mannequin.

**FOR THE POLISH CHAMPION TITLE MEN'S HAIRDRESSING – SENIOR**

**CLASSIC HAIRCUT AND STYLING**

**Competition on a mannequin head or model.** A competitor creates classic hairstyling brushed up with no partition.

**Hair –** hair must be wet and combed back smoothly before the start of the competition. The Compliance Committee verifies if the instruction has been followed. Otherwise, the hair shall be wetted by the Compliance Committee. **Hair length–** mandatory hair shortening by at least 2 cm. On the periphery of the head (sides and back) the hair must be at least 3 cm long before the start of the competition. The neck cut and contour shall be tapered in a classic style. Hair extension is prohibited.

**Haircutting −** razors and hair clippers are

prohibited. All other tools are allowed.

**Hair colour –** a uniform colour is required – black. **Products –** all styling products are allowed. **Clothing and make-up** – in line with men's fashion, not exaggerated.

**Time for the task: 50 minutes.**

**Upon completion of the competition, the competitor has 2 minutes to dress and seat the model/mannequin appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

Competition on a mannequin head or model.

**During the assessment by the jury, the mannequin/mode is posed in a sitting position facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, mannequin/model. On

a mannequin or model head.

**FOR THE POLISH CHAMPION TITLE MEN'S HAIRDRESSING – SENIOR**

**CREATIVE HAIRDRESSING WITH WAVE PATTERN**

**Category – Creative**

**Competition performed:** On a model or a mannequin head

**Hair –** hair must be wet and combed back smoothly before the start of the competition. The Compliance Committee verifies if

the instruction has been followed. Otherwise, the hair shall be wetted by the Compliance Committee.

**Hair length −** a minimum of 5 cm on top, and 3 cm at the neck and around the ears

**Haircutting** – no hair cutting allowed on stage.

**Tools** – all styling tools are allowed.

**Hair colour** – any number of colours. In line with current fashion trends. Glitter and coloured sprays are prohibited. Prohibited hair extensions and thickening.

**Products** – all styling products are allowed.

**Clothing and make-up** − in line with men's fashion, not exaggerated.

**Scoring** − hairstyle, haircut, clothes and creativity will be assessed.

**Time for the task: Senior - 25 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the mannequin/model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

Competition on a mannequin head or model.

**During the assessment by the jury, the mannequin/mode is posed in a sitting position facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each**

**infringement.**

**Competitor disqualification:** changing the number of the mirror, mannequin/model.

**INDIVIDUAL COMPETITION MEN'S HAIRDRESSING - JUNIOR FASHIONABLE HAIRSTYLE MODELLING**

**The competition is performed on a mannequin head – Junior Hair –** hair must be wet and combed back smoothly before the start of the

competition. Hair extensions and attachments are prohibited. Hair length − a minimum of 5 cm on top, tapered on the sides and back of the head.

**Hair colour** – black, brown, grey. In line with current

fashion trends.

**Products** – all styling products are allowed.

Glitter and coloured sprays are prohibited.

**Tools** – flat and round brushes are prohibited, hair dryer is allowed.

Clothing and make-up − in line with men's fashion, not exaggerated.

**Scoring** − hairstyle, haircut, clothes and creativity will be assessed.

**Time for the task: Junior − 15 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the mannequin/model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum scores depending on number of competitors.

**Note:**

Competition on a mannequin head.

**During the walk-through of the jury, the mannequin is posed facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, mannequin/model.

**INDIVIDUAL COMPETITION WOMEN'S AND MEN'S HAIRDRESSING - SENIOR CATEGORY**

**CUTTING PATTERNS**

**The work is performed on a female or male model.**

**The competition is open to competitors over 18 years of age.**

The use of mobile phones, templates and photographs or

any other media or carriers is prohibited.

**Hair –** must be wet and combed back smoothly before the start of the competition. Prohibited hair extensions and attachments.

**Hair colour –** should be prepared in advance. The choice of colours

and quantity is arbitrary, in line with current fashion trends. **Products** – all styling products are allowed. Glitter and coloured sprays are prohibited.

**Tools** – any styling and cutting tools are allowed.

**Scoring** − hairstyle, haircut, clothes and creativity will be assessed.

**Time for the task: 35 minutes**

**Upon completion of the competition, the competitor has 2 minutes to prepare and pose the model appropriately for the assessment and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note:**

The competition is performed on a female/male model.

**During the assessment by the jury, the female/male mode is posed in a sitting position facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, mannequin.

**FOR THE POLISH CHAMPION TITLE - 1st COMPETITION**

**CREATIVE - WEDDING MAKE-UP**

Make-up composition: Make-up should be symmetrical, should not extend to the temples, may only reach the arch of the eyebrows and should cover the entire upper eyelid, it is allowed for make-up to extend to the lower eyelid. The idea should be creative, planned and executed in a consistent manner. The make-up composition should maintain suitable proportions. Make-up shall not have elements of face painting and shall not turn into forms of characterisation.

**Model's skin**: It is allowed to apply a cream or base used before make-up. Before the start of the competition, the Compliance Committee shall verify if the skin is clean, without correction and primer.

**Products:** The use of products such as shadows, bases, eyeliners, mascara, fluid, powder, blusher, glitter, stones, embellishments, black eyelashes both on tape and tufts, eye and lip pencils, lipsticks, glosses, face paints, slides, etc., is permitted for make-up.

**Prohibited**: Airbrush, templates and elements of characterisation.

**Method of performance:** The make-up should maintain the wedding character, be delicate, be in harmony with the bride's styling and emphasise it. In terms of colour, it must harmonise with the model's type of beauty, be creative and innovative in the choice of make-up techniques and decorative elements used

(jewellery, glitter, pebbles, etc.). The performance shall be perfect, meticulous in detail and

clean.

**Clothing and hairstyle:** Clothing should match the current trends. Both clothing and hairstyle should harmonise with make-up and emphasise it. All the work

/make-up, hairstyle and styling/ should

maintain the character of a graceful, alluring, phenomenal and original woman.

**Time for the task: 80 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Assessment:** Particular attention will be paid to: implementation of the given theme in the chosen competition, creativity, precision and cleanliness of execution, as well as the use of unusual make-up techniques, consistency with the model's beauty, colour scheme, outfit and hair styling. Symmetrical make-up may not turn into characterisation forms, it should have elements of fancy make-up on the eyelids and be limited to the eyes.

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Note: Competition performed on a model who is over 18 years old. The model is not allowed to help during make-up application. The model may only hold tools and cosmetics. During the assessment by the Committee, the model must face the juror. Permanent make-up is prohibited. In the event of non-compliance with the Regulations of Championship and competitions, each member of the Compliance Committee has the right to award**

**up to 3 penalty points for each infringement.**

**Disqualification: for changing randomly selected stand numbers.**

**FOR THE POLISH CHAMPION TITLE -2nd COMPETITION**

**ARTISTIC - STAGE MAKE-UP**

**Model's skin**: Before the start of the competition, the Compliance Committee shall verify if the skin is clean, without correction and primer. It is allowed to apply a cream or base used before make-up.

**Make-up composition:** should be an original, creative and innovative project, one-of-a-kind (like haute couture collections). It can have either geometric or streamlined form, or be based on another idea created by the competitor. The composition should **maintain suitable face proportions**. It cannot take the form of characterisation, but should have the **elements of face painting**, extend beyond the eye, overlap partly on the forehead, temples and cheekbones.

**Products:** The use of products such as shadows, bases, eyeliners, mascara, fluid, powder, blusher, glitter, stones, embellishments, eyelashes both on tape and tufts, eye and lip pencils, lipsticks, glosses, face paints, slides, ribbons etc., is permitted for make-up.

**Prohibited**: Airbrush, templates and elements of characterisation.

**Method of performance:** Make-up should include both matte and shiny elements. Make-up in a particular way should present the competitor's style of work, technique and creativity. It should be stage make-up, clear with vibrant colours emphasised with original styling and haircut. It should contain elements enhancing and enriching the whole composition. The work, idea and styling must be an individual design, cannot plagiarise the work of other make-up artists.

**Clothing and hairstyle:** The clothing and hairstyle composition should form an original and creative whole. Clothing can be made of any material (sewing material, paper, film and the like). However, it should preserve and emphasise feminine character. Grotesque, heavy forms are not allowed. It should consistently refer to the prepared make-up idea.

**Time for the task**: **80 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Assessment:** Particular attention will be paid to: implementation of the given theme in the chosen competition, creativity, precision and cleanliness of execution, as well as the use of unusual make-up techniques, consistency with the model's beauty, colour scheme, outfit and hair styling. Make-up cannot take the form of characterisation, it should have the elements of fancy make-up and close within the limits of face painting.

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**NOTE: Competition performed on a model who is over 18 years old. The model is not allowed to help during make-up application. The model may only hold tools and cosmetics.**

**During the assessment by the Committee, the model must face the juror.**

**Permanent make-up is prohibited. In the event of non-compliance with the Regulations of Championship and competitions, each member of the Compliance Committee has the right**

**to award up to 3 penalty points for each infringement. Disqualification in**

**the event of swapping of numbers of randomly selected stands, demonstrated plagiarism of another work.**

**FOR THE POLISH CHAMPION TITLE**

**HAIR EXTENSION AND THICKENING − SENIORS**

**HAIR EXTENSION AND THICKENING ON MODELS**

The aim of the competition is to present innovations in the field. A competitor enters the competition podium with a model whose hair must be in one colour, straight all over the head before the start.

**Hair length** is arbitrary, but all prior preparations are prohibited.

**Extension:** In the allotted time, the competitor has to

extend and thicken hair and create

a fashionable hairstyle.

**Hair and equipment for extension** − the competitor uses streaks of hair

and technical tools.

**Products:** Styling finishing products are allowed, colouring sprays

are prohibited.

**Tools:** All tools for hair styling (e.g. dryers, straighteners, "hot rolls", etc.) are acceptable.

**During the assessment, the jury** take into account:

* the effect of hair extension and thickening, and the ability to show
* different colour contrasts in the hair (number of streaks used)
* cutting skills and overall creativity of the final result,
* the overall image of the model, including clothes, make-up and how they

fit in with the hairstyle.

**Time for the task: 75 minutes**

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum score depending on the number of competitors.

**Disqualification − in the case of non-compliance with the provisions**

**these regulations.**

**FOR THE POLISH CHAMPION TITLE in barbering MEN'S HAIRDRESSING – SENIOR**

**OLD SCHOOL**

**The work is performed on a male model.**

**It is a Barbering Championship –** classic male

image should be maintained.

**Hair –** hair must be wet and combed back smoothly

before the start of the competition. The Compliance Committee shall verify if the instruction has been followed. Otherwise, the hair shall be wetted by the Compliance Committee.

**Hair length –** It is mandatory to shorten the hair by at least 3 cm.

Hair extensions, attachments, thickened hair prohibited.

**Beard cutting** – it should be natural with a length of 2 cm. Beard,

moustache, contours should be cut and styled

during the competition.

**Tools allowed –** scissors and razor. **Prohibited-** Chinese knife, hair clippers and tempera. **Hair colour –** natural.

**Products** – all styling products are allowed.

**Clothing and make-up** − in line with men's fashion, not exaggerated. Prohibited

costumes: historical and regional.

**Time for the task: Junior – 60 min Senior – 50 min**

**Assessment –** the assessment will include cutting, styling of the hair, beard and moustache.

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum scores depending on number of competitors.

**Note: During the assessment by the jury, the model is posed facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, model.

**FOR THE POLISH CHAMPION TITLE in barbering MEN'S HAIRDRESSING – SENIOR**

**FREE STYLE**

**The work performed on a male model.**

**It is a Barbering Championship –** work inspired by timeless men's elegance should be created

**Hair –** hair must be wet and combed back smoothly

before the start of the competition. The Compliance Committee shall verify if the instruction has been followed. Otherwise, the hair shall be wetted by the Compliance Committee.

**Hair length –** it is mandatory to shorten the hair by at least 3 cm.

Hair extension, attachments and thickening is

prohibited. Beard cutting – it should be natural with a length of minimum 2 cm. Beard, moustache, contours should be cut and styled during the competition.

**Tools** – all tools are allowed

**Hair colour –** any number of colours, in natural tones (blondes, browns, reds)

**Products** – all styling products are allowed. Coloured sprays are prohibited.

**Clothing and make-up −** in accordance with the men's fashion, avant-garde. Prohibited costumes: historical and regional.

**Time for the task : Junior – 50 min Senior – 40 min**

**Assessment –** the assessment will include cutting, styling of the hair, beard and moustache.

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

**Scoring:** a maximum of 30 points, minimum scores depending on number of competitors.

**Note:**

**During the assessment by the jury, the model should be seated facing the mirror.**

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification:** changing the number of the mirror, model.

**FOR THE POLISH CHAMPION TITLE - 1st WOMEN'S AND MEN'S COMPETITION – JUNIOR/ SENIOR**

**IMAGINATION − CLASS − STYLE**

**(haircut and styling for magazine cover)**

**Age category −** from 16 years of age.

Competitors /**hairdressers** or **stylists,** or **fashion designers,** or **make-up artists/stylists**/ perform full styling on male/female models/mannequins. It is acceptable to work in teams of 2-3 people.

**Hairstyle** shall demonstrate hairdressing mastery, imagination and creativity.

* interesting and professional colouring prepared in advance,
* different hair length is permissible,
* ornaments, pins, hairpieces (max. 30% of the whole hairstyle) are permissible.

**Make-up** shall be professional, clear, artistic, and shall match the whole styling.

**Clothing**  - the outfit, costume and styling can be of any nature, entirely adapted to the competition.

**The work** shall be performed entirely by the competitor/team.

**All hairdressing tools are** allowed**.**

The competition performed on male/female models/mannequins (dressed

rather than undressed).

**Assessment** − the jury shall assess the general impression of the entire styling, excellence of execution, professionalism, colours.

**Time for** the task - **5 minutes -** during this time, the competitors pose the male/female model / mannequin on the competition stand, previously drawn, and make final adjustments.

Members of the compliance committee shall draw the stand numbers, direct the competitors to the competition venue and ensure that the competition is performed in accordance with the regulations. In the event of non-compliance with the Regulations, each member of the Compliance Committee shall have the right to award up to 3 penalty points for each infringement. A competitor shall take part in the Championship **at his/her own expense** (materials, model, mannequin, transport, accommodation, etc.).

**Disqualification from the competition takes place in the case of swapping the randomly assigned stand (mirror) numbers.**

**FOR THE POLISH CHAMPION TITLE 2nd COMPETITION**

**WOMEN'S AND MEN'S COMPETITION − JUNIOR/SENIOR**

**“SHOW OFF YOUR SKILLS”**

**Work performed on a male/female model/mannequin. Age category** - from 16 years of age.

Competitors work on models or mannequins. It is acceptable to work in teams of **2-3 people.**

**Any hairstyle**, showing craftsmanship and artistic imagination. Competitors perform a haircut - a minimum of 5 cm of hair length must

be cut.

**Professional** make-up to match the overall styling.

**Clothing** (costume) matching the overall styling.

The work must be performed on the competition stand, personally

(make-up can be made in advance).

All hairdressing **tools** and make-up products are allowed.

**Assessment** − The jury shall assess the general impression of the styling.

The time to complete the task **is 60 minutes** (the work as a whole must be performed on randomly assigned stands)

**Upon completion of the competition, the competitor has 2 minutes to dress and pose the model appropriately and to tidy up and leave the workstation.**

In the event of non-compliance with the Regulations, each member of the Compliance Committee shall have the right to award up to 3 penalty points for each infringement.

**Disqualification from the competition takes place in the case of swapping the randomly assigned stand (mirror) numbers.**

**FOR THE POLISH CHAMPION TITLE**

**EYEBROW MODELLING AND COLOURING**

**Competition on a male/female model**

**Age of the competitor -** all age groups are accepted.

**Hair** Models must have their hair combed smoothly and tied back so that the whole face is exposed. Models must not have permanent make-up (tattoo) on their face or eyelash extensions.

For the competition, they must be dressed in plain white T-shirts (no prints, no rhinestones, no company logos), with short sleeves.

* + **Acceptable make-up** is primer on the face, light contouring, accentuated blush on the cheeks, black mascara, clear gloss on the lips.
  + **Eyebrows** should look natural and must not be modelled or tinted two weeks prior to the championships (assessed by compliance committee prior to competition with the possibility of penalty points being awarded for failure to comply with regulations).
  + **Bright accessories are prohibited.**
  + Eyebrows should be modelled using the classic method with tweezers only.
  + Eyebrows can only be coloured with eyebrow paint Eyebrow colour : all natural shades are allowed. Eyebrow pencils can be used during the shaping and tinting process, but the final work should be presented without colour cosmetics for the eyebrows, with the exception of transparent gel or transparent eyebrow wax.
  + Primer or concealer allowed to cover the redness of the skin around the eyebrows.
  + Eyebrow reconstruction or extension products

prohibited.

* + Henna of the eyebrows is **strictly prohibited. Time for the task: 70 minutes.**

**Assessment**: Overall impression of the model's appearance

Symmetry and harmony of the eyebrow shape depending on the shape

of the model's face

Colour selection and harmonious eyebrow colour according to the beauty type Maximum number of points: 30 points

The jury member may award up to 3 penalty points for regulatory infringements.

**COMPETITION FOR SCHOOLS**

**FOR THE CUP**

**OF THE NATIONAL HAIRDRESSING AND COSMETICS COMMITTEE OF THE POLISH CRAFT ASSOCIATION**

**“BARBIE AND KEN IN DIFFERENT VARIETIES”**

**Teamwork:** three competitors from a given school make two pieces of work on two characters - female /male model, i.e. Barbie and Ken's styling.

The division of roles among the competitors is arbitrary.

The entire character styling is to be done on a pre-drawn

competition stand.

**Hair length -** any

The female/male models are to have dry, smoothly combed hair to the back of the head. The styling of the characters can be classic or exaggerated-fancy, but must relate to the theme of the competition. Hairstyles should show the hairdresser's craftsmanship; the more elaborate, fanciful and coherent the hairstyle, the higher the mark of the jury.

**Hair colour -** any, related to the theme, the use of wigs is prohibited. Add-ons, braces, fillers allowed, not to exceed 30% of the hairstyle . **Products –** all hairstyling products are allowed.

**Tools** – all tools are allowed.

**Clothing and make-up -** closely related to the theme. The make-up can be partly prepared in advance, but no more than 50% , the completion of the make-up is done at a drawn stand by the competitors taking part in the competition.

**Time for the task: 60 minutes**

**Scoring:** a maximum of 30 points, minimum of 20 points, depending on the number of competitors.

**During the assessment by the jury, the** model is posed facing

mirror.

**In the event of non-compliance with the Regulations, each member of the Compliance Committee has the right to award up to 3 penalty points for each infringement.**

**Competitor disqualification: changing the number of the mirror, model.**